

Brian P. Davis, MD Sports Medicine, Shoulder, Knee, & Elbow Surgeon office: 303.449.2730

Post-Injection Care

Patient response following injections can vary, and, if you are undergoing a series of injections, your response can vary with each injection.

- No true activity restrictions, however, high activity level can stimulate some increased irritation. We recommend somewhat limiting activity for the first 24 hours following injections.
- If you do notice increased pain/irritation/ discomfort following injection, this is considered a normal response to joint injections. Please treat with rest/activity modification, ice and an over-the-counter anti-inflammatory (Motrin, Ibuproten, Aleve, etc) <u>unless you received a platelet-rich plasma (PRP) injection</u>
- If you notice increased redness, severe swelling, fever, chills, or note a reaction at the injection site in the days following an injection, please contact our office at 303.449.2730



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